

Thursday, March 28th ALL-RUN @ Fairfield Stadium

1579 Stadium Dr, Fairfield, OH 45014 (directions on web page)
Teams competing are (CHCA, Hamilton, Colerain, Fairfield & West)

The Bus is scheduled to depart at 3:15 pm

The meet is predicted to start at 4:15 pm

Athletes you may only compete in 3 events. Boys, you do not need to tell coach Thompson the events you want to compete in, but please make sure you enter your results, our coaches use these results for Varsity entries.

Please report to the event with plenty of time before the race, usually at the start line.

This is the QR code that athletes will use to enter their times and distances after competition. Please see a coach if you need any assistance entering data. Coaches will also have a QR code with them. You may also click on this link to access the form to enter your results.

<https://forms.gle/o1hsXaeiBi4vL9Gi7>



Order of events:

Shot (girls 2.74 K, 6 lbs.) (boys 4K, 8lbs. 8 ox)

Discus (1 K, 2 lbs. 3.27 oz; Both boys and girls)

Long jump / High Jump

Pole Vault not available

Running events

110 hurdles (33") /100 hurdles (30")

100 meters

1600m

4 x 100

400 meters

4 x 200

200 hurdles (30")

800 meters

200 meter

4 x 400