

Running Events For Hamilton's Quad Meet: 4/16/19

(Lakota West vs. Hamilton, Rapid Run, & Hopewell)

1. 100 Hurdles	Results	2. 100M Dash	Results	5. 400M Dash	Results	8. 800M Run	Results
Shemari Green	17.4	Zyneak Warren	13.7	Sydney Simpson	1:09.9	Lauren Mang	2:50.2
Sarah Boyd	19.2	Jailyn Rao	14.3	Zara Silvis	1:11.3	Amane Ohhashi	2:50.6
Kyra Balyeat	25.3	Kayla O'Aku	14.5	Ana Hasbach	1:11.7	Ella Merten	3:02.9
Lindsey Rodgers	27.5	Laney Potzick	14.8	Leah Fisher	1:13.1	Bella Murphy	3:08.9
		Paige Renneker	15.0	Amane Ohhashi	1:13.6	Anna Brummer	3:11.7
		Kaylee Mobley	15.1	Regan Hopkins	1:21.3	Shanthy Napier	3:18.8
		Katelyn Penney	15.2	Claire Crawley	1:25.9	Katie Moore	3:19.2
		Emily Casteel	15.2			Rowan Coughlin	3:30.1
		Tiana Jones	15.5				
		Paulina Hasbach	15.7				
		Derionna Haynes	15.7				
		Kaelin Craig	16.1				
		Anna Dobrozsi	16.2				
		Alexis Binkley	16.2				
		Hannah Gebert	16.5				
3. 1600M Run (Mile)	Results	Amritdeep Kandola	16.7			9. 200M Dash	Results
Bella Murphy	6:36.4	Manar Hamed	16.7			Janiyah Gales	30.4
Shanthy Napier	7:08.0	Zahra Wasanwala	17.2			Paige Renneker	31.3
Rowan Coughlin	7:47.7	Claire Crawley	17.4			Kaylee Mobley	31.7
		Katelyn Moore	18.1	6. 4X200M Relay	Results	Katelyn Penney	31.8
		Jessica Tyler	18.5	T#1 Kayla Frazier		Hannah Gebert	32.0
		Melanie Byers	22.1	T#1 Kennedy Scarborough		Paulina Hasbach	32.8
		Annabelle Dufek	??	T#1 Victoria Green			
				T#1 Jailyn Rao	1:58.3		
4. 4X100M Relay	Results			7. 200 Hurdles	Results		
T#1 Shemari Green				Shemari Green	31.8	10. 4X400M Relay	Results
T#1 Victoria Green				Janiyah Gales	32.6	T#1 Zara Silvis	
T#1 Kennedy Scarborough				Lindsey Rodgers	39.8	T#1 Ana Hasbach	
T#1 Zyneak Warren	55.0					T#1 Sydney Simpson	
						T#1 Leah Fisher	4:52.3
T#2 Paige Renneker							
T#2 Derionna Haynes							
T#2 Paulina Hasbach							
T#2 Kaylee Mobley	60.0						

1st Place!